

Journal of HBS Medical and Dental College Islamabad

Checklist for Case Reports

ITEM	DESCRIPTION	YES/ NO/NA
Title	Mentions the area of focus	
Keywords	2 to 5 keywords (included from MeSH) that identify areas covered	
Word count	The maximum word count of text does not exceed 1000	
Abstract	Unstructured with a maximum word count of 150	
	The uniqueness of this case and its importance in medical literature mentioned	
	Main symptoms of the patient and the important clinical findings given	
	Main diagnoses, therapeutic interventions, and outcomes mentioned	
Conclusion	Conclusion— primary “take-home” message from this case given	
Introduction	Includes one or two paragraphs summarizing why this case is unique with references	
Patient Information	Demographic and other patients specific information given	
	Main symptoms of the patient along with medical, family and psychosocial history given	
Timeline	Important information from the patient's history organized as a timeline	
Clinical findings	Relevant physical examination (PE) and other significant clinical findings described	
Diagnostic Assessment	Diagnostic methods described in detail along with reasoning and diagnostic challenges	
Therapeutic Intervention	Type of intervention along with its administration given	
Follow-up and outcomes	Clinician and patient assessed outcomes given	
	Intervention adherence and tolerability and how it was assessed mentioned	
	Adverse and unanticipated events mentioned	
Discussion	Strengths and limitations in approach to this case mentioned	
	Discussion of relevant medical literature	
	Conclusion and primary take away the lesson of this case report given	
References	5-10 references given in Vancouver style of referencing	
Figures/Tables/Photographs	Maximum 4	
Informed Consent	Written informed consent from patient/guardian/next of kin (Copy attached)	
Confidentiality	Protection is given against disclosing the identity of the patient	
	Where possible, the case report is reviewed by the individual to permit editing or removal of any confidential or compromising material	

Source: Adapted from CARE checklist (2013)